



Ayurvie
W E L I G A M A

FACT SHEET



Thema
COLLECTION

Different Themes, Authentic Experiences



Concept and Design

A luxurious Sri Lanka Ayurveda resort flanked by quiet shores, Ayurvie Weligama is a place for healing and transformation. Fusing traditional and natural aids for a restorative holiday, our team of highly qualified doctors and therapists will carefully curate your wellness program as per your medical history and individual needs based on Panchakarma; the cornerstone of Ayurvedic therapy to restore the three Doshas to their natural equilibrium and truly enhance your sense of well-being.

Location: Kapparahota, Weligama, Sri Lanka

Ayurvie

Ayurvie offers a range of treatments to our guests after one-on-one consultation with the inhouse Ayurvedic Physician who will determine your predominant and secondary Dosha (constitution) of the body, as either Vata, Pitta, Kapha or a combination of these. Daily treatments are then prescribed with the aim of rebalancing your Doshas. The treatments offered will be the same as those offered at Ayurvie Sigiriya, letting you experience a vacation of wellness; commencing treatment at one hotel and completing in the other

Accommodation

'Ayurvie' comprises of 22 deluxe rooms, 02 junior suites & 02 master suites. According to the body constitution Vata, Pitta & Kapha, guests have the luxury of selecting their room according to the colour preference. Each room has a spacious balcony unveiling the ethereal beauty of the ocean. The traditional & authentic Ayurvedic concepts & Vastu Vidya (Vedic Architecture) methods will be incorporated to enhance the therapeutic effects on the body constitutions & the dosa conditions of the guest.

Category	Units	Maximum Occupancy	Area
Deluxe	16	02	Room size - 38m ² Bedroom - 22.38m ² Bathroom - 6.9m ² Balcony - 7.2m ² Bed size (King) Length - 78 inches Width - 72 inches
Deluxe Twin	06	02	Bed size (Twin) Length - 48 inches Width - 76 inches
Garden Loft	02	02	Room size - 69m² Bedroom - 21m ² Living/Sitting area - 28.5m ² Bathroom - 9m ² Verandah - 10.5m ² Bed size (Queen) Length - 78 inches Width - 76 inches
Master Suite Dhanwanthari	01	02	Room size - 99m² Bedroom - 41.62m ² Living/Sitting area - 32.44m ² Bathroom - 17.74m ² Balcony - 7.2m ²
Master Suite Vishwakarma	01	02	Room size - 123.5m² Living/Sitting area - 31.46m ² Bedroom - 64.20m ² Bathroom - 19.24m ² Balcony - 8.60m ² Bed size (King) Length - 81 inches Width - 81 inches Bathtub - 0.4m



Room Facilities & Amenities

- ☉ Hair dryer
- ☉ Hot/Cold water
- ☉ Filtered water
- ☉ In-room safe
- ☉ Air Conditioning & Fan
- ☉ Electric kettle and cups
- ☉ Seating area
- ☉ Sea view - Balcony
- ☉ Garden view - Terrace
- ☉ Wi-Fi (available in Lobby area, Garden Loft & Suites)
- ☉ Shower
- ☉ Slippers
- ☉ Bathrobe
- ☉ Wardrobe
- ☉ Yoga mat
- ☉ Shaving kit
- ☉ Dental kit
- ☉ Sewing kit
- ☉ Semi-private garden - (Garden Loft)
- ☉ Ayurveda inspired toiletries by Ayurvie

Room Facilities on request:

- ☉ Iron & iron board
- ☉ Mosquito net

Dining

Restaurant

- ☉ Main Restaurant - capacity 50 pax
Special vegetarian meals, prepared using locally sourced fresh produce to promote the well-being of guests according to their Doshas. In addition, our specialty tea bar offers guests fresh juices with herbal teas and elixirs as well.

Meal Time

- ☉ Breakfast : 7.30 am - 9.00 am
- ☉ Lunch : 12.30 pm - 2.00 pm
- ☉ Dinner : 7.00 pm - 9.00 pm

Facilities

- ☉ Daily housekeeping
- ☉ Parking
- ☉ Triangular infinity pool (21.75m X 21.75m X 21.75m, D: 4ft)
- ☉ Laundry service

Wellness

- ☉ Yoga sessions (Morning: 6.30 am - 7.30 am, Evening: 5.30 pm - 6.30 pm)
- ☉ Ayurvie spa (8.00 am to 5.00 pm)

Outdoor Activities & Excursions

- ☉ Beach walking
- ☉ Whale watching in Mirissa
- ☉ Visit to Hadungoda Tea Factory
- ☉ Discover the Dutch Fort in Galle
- ☉ Visit a village Buddhist Temple & our CSR initiative
- ☉ Authentic Sri Lankan cooking demonstration
- ☉ Mangrove, Cinnamon & village exploration in Kogalla



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