



Ayurvie
S I G I R I Y A

FACT SHEET



Thema
COLLECTION

Different Themes, Authentic Experiences



Concept and Design

An idyll of regeneration, 'Ayurvie Sigiriya' is an architectural chef d'oeuvre imitating the traditional living settlement of Sri Lanka. Built in compliance with the alternative building concept of Earthbag and Eco-brick constructions, the buildings resonate with traditional dwellings of the island. While offering a cozy and luxurious space for relaxation, this humble Ayurvedic retreat takes you through an experiential journey of rediscovering yourself.

Location: Audangawa, Sigiriya, Sri Lanka

Ayurvie

Ayurvie offers a range of treatments to our guests after one-on-one consultation with the in-house Ayurvedic Physician who will determine your predominant and secondary Dosha (constitution) of the body, as either Vata, Pitta, Kapha or a combination of these. Daily treatments are then prescribed with the aim of rebalancing your Doshas. The treatments offered will be the same as those offered at Ayurvie Weligama, letting you experience a vacation of wellness; commencing treatment at one hotel and completing in the other.

Accommodation

Constructions of this humble retreat are a product of the thoughts and efforts on an innovative, alternative building concept; polypropylene bags filled with soil and clay, and eco bricks stacked to create structure, in replacement of concrete and cement. Rooms are built camouflaged in nature, facing the direction of sunrise, adding vibration to break the monotony pledging a luxurious, yet peaceful sojourn secluded in countryside goodness. These naturally cooling luxury spaces overlooking eye-soothing green vegetable plots and paddy fields imitate the indoors of a traditional nonchalant village dwelling.

Category	Units	Maximum Occupancy	Area
Deluxe	08	02	Room size - 59.95m² Bedroom - 41.68m ² Bathroom - 18.27m ²
Deluxe Twin	02	02	Bed size (Queen) Length - 82 inches Width - 72 inches
			Bed size (Twin) Length - 80 inches Width - 42 inches

Room Facilities & Amenities

- 🍷 Wi-Fi
- 🍷 Slippers
- 🍷 Hot/Cold water
- 🍷 Bathrobe
- 🍷 Filtered water
- 🍷 Shower
- 🍷 In-room safe
- 🍷 Writing desk
- 🍷 Scale
- 🍷 Air Conditioning & Fan
- 🍷 Wardrobe
- 🍷 Herbal tea making facility
- 🍷 Seating area
- 🍷 Ayurveda inspired toiletries by Ayurvie
- 🍷 Yoga mat

Room Facilities on request:

- 🍷 Iron & iron board
- 🍷 Sewing kit
- 🍷 Shaving kit
- 🍷 Dental kit

Dining

Restaurant

- 🍷 **Main Restaurant** - Capacity 17 pax

At Ayurvie Sigiriya, we aim to satisfy your cravings with curated Ayurvedic cuisine. Our strictly vegetarian menus, feature organic whole foods and are personalized by our Ayurvedic physician to help balance your dominant and secondary Doshas while also suiting your dietary and health requirements.



Meal Time

- ☉ Breakfast: 7.30 am - 8.30 am
- ☉ Lunch: 12.30 pm - 1.30 pm
- ☉ Dinner: 7.00 pm - 8.00 pm

Facilities

- ☉ Salt water pool (L: 11m, W: 3.5m, D: 4ft)
- ☉ Daily housekeeping
- ☉ Laundry service
- ☉ Yoga mandapa
- ☉ Parking

Wellness

- ☉ Yoga sessions (Morning and evening)
- ☉ Ayurvedic spa (8.00 am to 5.00 pm)

Outdoor Activities & Excursions

- ☉ Discover the Sigiriya Rock Fortress
- ☉ Visit Pidurangala Rock & Temple
- ☉ Paper recycling factory visit
- ☉ Pottery making experience
- ☉ Jeep safari with a naturalist
- ☉ Bird watching trail
- ☉ Village bike ride
- ☉ Thalkotte boat ride
- ☉ E-bike tour to Sigiriya
- ☉ Village Temple Meditation & Dhane
- ☉ Vegetable harvesting and cookery demonstration



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LE CUBE

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